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#### **Key Points:**

- Doppler Lidar observations show sub-cloud turbulence explains half of the variance in cloud-base updrafts for shallow cumulus ensembles
- The relationship has weak diurnal variation except in the early morning and late afternoon
- We develop a new approach of observing ensemble-averaged quantities from Lidar measurements made at a fixed point

#### **Supporting Information:**

· Supporting Information S1

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# Sub-Cloud Turbulence Explains Cloud-Base Updrafts for Shallow Cumulus Ensembles: First Observational Evidence

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**Abstract** Sub-cloud turbulent kinetic energy has been used to parameterize the cloud-base updraft velocity  $(w_b)$  in cumulus parameterizations. The validity of this idea has never been proved in observations. Instead, it was challenged by recent Doppler Lidar observations showing a poor correlation between the two. We argue that the low correlation is likely caused by the difficulty of a fixed-point Lidar to measure ensemble properties of cumulus fields. Taking advantage of the stationarity and ergodicity of early afternoon convection, we developed a Lidar sampling methodology to measure  $w_b$  of a shallow cumulus (ShCu) ensemble (not a single ShCu). By analyzing 128 ShCu ensembles over the Southern Great Plains, we show that the ensemble properties of sub-cloud turbulence explain nearly half of the variability in ensemble-mean  $w_b$ , demonstrating the ability of sub-cloud turbulence to dictate  $w_b$ . The derived empirical formulas will be useful for developing cumulus parameterizations and satellite inference of  $w_b$ .

**Plain Language Summary** Low-lying puffy clouds, commonly seen in the early afternoon, form from rising air parcels that stem from near the surface. For this reason, it is natural to think that if an air parcel rises fast below the cloud, it remains fast at the cloud base. This hypothesis has been demonstrated in high-resolution computer models but has never been found in real-world observations. This study fills this gap. We use a Doppler Lidar, an instrument measures vertical motions of air based on the Doppler effect, to study the relationship for 128 shallow cloud fields over the Southern Great Plains. We demonstrate that the more energetic the airs are below the clouds, the faster the clouds are rising.

#### 1. Introduction

Cloud-base updraft velocity ( $w_b$ ) is a crucially important variable as it influences various aspects of cumulus clouds (Rogers & Yau, 1996). The  $w_b$  modulates the aerosol cloud-mediated effect by governing the supersaturation near cloud bases (Rosenfeld, 2014; Twomey, 1959). In polluted conditions, cloud droplet size and number concentration are more sensitive to  $w_b$  than aerosol concentration and size (Reutter et al., 2009). Moreover,  $w_b$  dictates lateral entrainment of cumulus that remains an unresolved bottleneck for climate modeling (Donner, O'Brien, Rieger, Vogel, & Cooke, 2016).

Despite its importance, current cumulus parameterization schemes rarely express  $w_b$  explicitly (Donner et al., 2016). Most schemes parameterize the cloud-base mass flux  $(M_b)$  without specifying the  $w_b$ . For example, Arakawa and Schubert (1974) determine the  $M_b$  by adjusting the cloud work function toward a value maintaining an equilibrium between the large-scale forcing and the convection. Krishnamurti et al. (1983) determine  $M_b$  under the assumption that convection must balance the column integrated vertical advection of moisture. Kain and Fritsch (1993) and Grell (1993) parameterize  $M_b$  by requesting the convection to remove the large-scale instability over the convective time scale.

The earliest effort that explicitly represents the  $w_b$  in  $M_b$  closure is Brown (1979) who approximates the  $w_b$  using the environmental vertical velocity from the surrounding nine points at lower tropospheric levels. This scheme is physically flawed by the fact that the air masses that initiate cumulus clouds are convective in nature. This issue is addressed by Neggers et al. (2009) and Fletcher and Bretherton (2010) (FB10) who argued that the  $w_b$  could be dictated by the sub-cloud turbulent intensity. FB10 used a set of cloud-resolving simulations to empirically derive the following formula to represent the  $w_b$ :

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ZHENG ET AL. 1 of 10

$$w_b = 0.28 \times TKE_{ML}^{1/2} + 0.64, \tag{1}$$

in which the  $TKE_{ML}$  is the turbulent kinetic energy averaged horizontally and vertically in the sub-cloud mixed layer. FB10 shows that such a boundary-layer-based mass flux closure scheme outperforms several commonly used schemes for three cumulus cases.

Still lacking is observational evidence of the ability of  $TKE_{ML}$  to explain the  $w_b$ . As quoted by Donner et al. (2016) "... parameterizations that do provide vertical velocities have been subject to limited evaluation against what have until recently been scant observations." The only observational pursuit to evaluate Equation 1 is from Lareau et al. (2018) who analyzed Doppler lidar observations of ~1,500 individual shallow cumulus (ShCu) over the Southern Great Plains (SGP), finding that sub-cloud vertical velocity variance (a proxy for  $TKE_{ML}$ ) explains only a few percent of the  $w_b$  variability. This led them to cast doubt upon the relationship. They argue that sub-cloud updrafts must work against negative buoyancy near the top of the mixed layer to generate  $w_b$ , and such a penetrative nature of the convection deteriorates their correlations.

Given the contrasting results, it is imperative to answer the question of whether or not sub-cloud turbulence explains the  $w_b$ . This is not only important for cumulus parameterizations but also crucial for advancing other pursuits in the field of cumulus dynamics. First, theoretical inquiries of cumulus dynamics often rely on the assumption of a tight coupling between the sub-cloud turbulence and  $w_b$ . For example, in one-dimensional bulk models of boundary layer clouds, a key variable is the Deardoff velocity scale,  $w^*$ , which dictates the sub-cloud turbulence intensity (Betts, 1973; Neggers et al., 2006; Stevens, 2006; Zheng, 2019). Linking the  $w^*$  with the  $w_b$  is the basis for several important coupling processes between the cloud and sub-cloud layers (Neggers et al., 2006; van Stratum et al., 2014; Zheng et al., 2020). Second, recently emerging new satellite remote sensing methodologies of retrieving  $w_b$  (Zheng & Rosenfeld, 2015; Zheng et al., 2015, 2016) have offered great insights into the aerosol indirect effect and climate change (Grosvenor et al., 2018; Li et al., 2017; Rosenfeld et al., 2016, 2019; Seinfeld et al., 2016). These studies infer the  $w_b$  via quantifying the TKE<sub>ML</sub> or its equivalents. Evaluating if the TKE<sub>ML</sub> explains the  $w_b$  is essential to evaluate the physical validity of these techniques.

To that end, this study examines the relationship between the  $w_b$  and sub-cloud turbulence for ShCu using DL observations over the SGP. We focus on  $w_b$  of ShCu ensembles, not single ShCu, because the former is more relevant to cumulus parameterization. We show that ensemble-averaged  $w_b$  and sub-cloud turbulence are highly correlated with statistical significance (correlation coefficient greater than 0.7). Evaluating the relationship on ensembles but not on individual ShCu might explain the disparities with the previous finding (Lareau et al., 2018). The next session discusses the difference between the ensemble-mean  $w_b$  and the  $w_b$  of single cumuli. It lays the foundation for developing the sampling strategy of ShCu ensembles. Section 3 introduces the observational data and methodology. Section 4 shows the results, followed by discussions. The last section presents the concluding remarks.

# 2. $w_b$ of Cumulus Ensembles

Distinguishing between the ensemble and individual ShCu is necessary. The concept of cumulus ensemble is a fundamental building block for all cumulus parameterizations (Arakawa & Schubert, 1974). A cumulus ensemble on spatial scales of several tens of kilometers is composed of individual cumulus with a wide range of distributions in size and age. Since the individual cumulus clouds are at different stages of their lifetime, their physical properties differ considerably even if the surface and large-scale forcing are uniform.

The difference could be illustrated by Figure 1 showing a ShCu ensemble simulated by the Weather Research and Forecasting (WRF) in the Large-Eddy Simulation (LES) Atmospheric Radiation Measurements (ARM) Symbiotic Simulation and Observation (LASSO) project (Text S1) (Gustafson et al., 2020). The surface fluxes and large-scale forcing are uniform over the  $14.4 \times 14.4$  km domain with a horizontal grid size of 100 m. The vertical velocity field at the cloud-base level shows a distinctive pattern with strong updrafts within clouds surrounding by shells of downdrafts (Figure 1a). We can see a rough correspondence between the vertical velocity field at the cloud-base level (Figure 1a) and the TKE<sub>ML</sub> (Figure 1b): regions with larger TKE<sub>ML</sub> typically have stronger updrafts near cloud bases. Such a correspondence, however, breaks down

ZHENG ET AL. 2 of 10

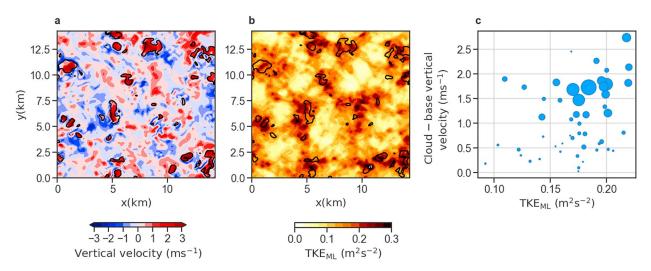


Figure 1. Examples of the different length scales of spatial variability of  $w_b$  and  $\text{TKE}_{\text{ML}}$  using WRF-simulated ShCu on 21 UTC, June 6, 2015. (a) Spatial distribution of vertical velocity at the cloud-base level with maximum cloud coverage. Black contours mark the cloudy regions with liquid water content greater than 0.01 g/m³. (b) The same scene but the color shading is the  $\text{TKE}_{\text{ML}}$ . (c) Scatter plot of cloud-base vertical velocity versus  $\text{TKE}_{\text{ML}}$ , with each point representing mean over individual cumuli. The size of a point is proportional to the size of cumuli. The data are obtained from the first phase of LASSO project. The  $\text{TKE}_{\text{ML}}$  is computed as  $0.5 \left( u'^2 + v'^2 + w'^2 \right)$  averaged below the cloud base, in which the perturbation quantities are defined as deviations from domain average at each level at instantaneous times. LASSO, Large-Eddy Simulation (LES) Atmospheric Radiation Measurements (ARM) Symbiotic Simulation and Observation;  $\text{TKE}_{\text{ML}}$ , turbulent kinetic energy averaged horizontally and vertically in the sub-cloud mixed layer; WRF, Weather Research and Forecasting.

on the length scale of a single ShCu. For example, the vertical velocity field shows strong updrafts within individual clouds surrounding by shells of downdrafts whereas the  $TKE_{ML}$  variability across the cloud edges is considerably more uniform. This is not surprising since both updrafts and downdrafts contribute to the vertical mixing, jointly regulating the  $TKE_{ML}$ . As a result, their covariation on the length scale of individual ShCu tends to be noisy, which is confirmed by Figure 1c that compares the two quantities averaged over individual ShCu. The degree of scattering is likely to increase substantially when the synoptic and surface forcings are allowed to change.

Measuring the ensemble-mean  $w_b$  from a surface-based DL, however, is challenging. The DL at a fixed location samples a line of cloud elements along the direction of horizontal winds. In order to sample an adequate amount of individual cumuli to constitute an ensemble, the sampling time window must be at least several hours. For example, for the wind speed of 5 m/s, a 2-h sampling window corresponds to a distance of ~36 km, comparable to the spatial scale of a continental ShCu ensemble. However, ShCu experiences distinctive diurnal variations over the continent. Within the 2-h sampling period, the ShCu ensemble may evolve, leading to sampling uncertainties. Fortunately, a convective boundary layer often experiences a quasi-steady state (Lensky & Rosenfeld, 2006; Moeng, 1984; Stull, 2012). In atmospheric science, whether a dynamical system can be considered quasi-steady depends on the difference between the characteristic time scale of the system and the time scale of external forcing. For a typical convective boundary layer over the continent, the surface forcing time scale is on the order of a few hours (defined as half of the period when the surface heat fluxes remain positive) whereas the time scale for shallow convective circulations is several tens of minutes (i.e., the convective time scale) (Figure S1a). Such a time scale separation allows the mixed layer to remain in a quasi-steady state in which changes in turbulent properties are negligible compared with the turbulence production and dissipation terms (Stull, 2012). This quasi-steady assumption is particularly valid in the early afternoon when the surface fluxes reach their plateau and their time derivatives minimize (Figure S1b). As such, focusing on early afternoon ShCu can reduce the uncertainty of sampling due to temporal evolution.

In summary, to measure the  $w_b$  of ShCu ensembles from surface-mounted DL, the sampling window must be at least a few hours to sample enough amount of individual ShCu. Moreover, an ideal sampling period is the early afternoon when the boundary layer is close to stationarity.

ZHENG ET AL. 3 of 10

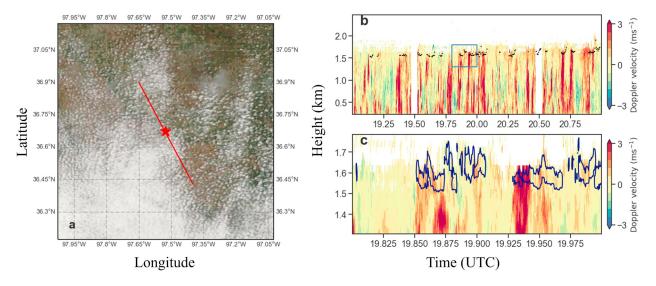


Figure 2. An example case of the shallow cumulus field on June 10, 2012, over the SGP. (a) MODIS image centered on the SGP site (red star) at  $\sim$ 20:30 UTC. The red solid line marks the rough direction and travel distance of the mean horizontal wind during the 19–21 UTC. (b) Height-time plot of Doppler lidar image of vertical velocity during a two-hour window from 19 to 21 UTC. The black dots mark the cloud-base heights measured by a ceilometer. The blue rectangle marks a smaller window shown in the (c). Navy contours mark the cloudy regions defined as groups of pixels with reflectivity greater than  $10^{-4.6}$  m<sup>-1</sup> sr<sup>-1</sup>. MODIS, Moderate Resolution Imaging Spectroradiometer.

# 3. Data and Methodology

We use observations from the Department of Energy's Atmospheric Radiation Measurement (ARM) SGP observatory. The key instrument used in this study is the DL. The DL measures vertical velocity with  $\sim 1$  s temporal and 30 m vertical grid spacing. The transmitted wavelength is 1.5  $\mu$ m. In addition to DL, we also use data from radiosondes, a ceilometer, a Ka-band cloud radar (KAZR), and ARM instruments measuring surface meteorological variables routinely.

#### 3.1. An Example Case

To illustrate the sampling principle of ShCu ensembles, Figure 2a shows a MODIS satellite imagery of a ShCu field over the SGP at 20:30 UTC on June 10, 2012. The wind is southeasterly at a speed of  $\sim$ 9 m/s, corresponding to a horizontal distance of  $\sim$ 70 km over the two hours (the red solid line in Figure 2a). One can see a few dozens of single cumuli drifting over the SGP site along the wind direction. Figure 2b shows a time-height plot of the DL from 19 to 21 UTC, corresponding to 13–15 local standard time (LST). Black dots mark the cloud-base heights ( $z_b$ ) measured by the ceilometer. To count how many individual cumuli are sampled during this period, we use the DL reflectivity to identify single cumuli. Figure 2c shows the zoomed-in window near cloud bases during the 19:48–20:00 UTC. The navy contours encompass pixels with DL reflectivity greater than  $10^{-4.6}$  m<sup>-1</sup> sr<sup>-1</sup>, a threshold that defines cloudy pixels (Lareau et al., 2018). Based on the reflectivity threshold, a total of 84 individual clouds are identified during the 2-h period. The majority of them have a duration shorter than 4 s, which seems too short to constitute a single cloud. Thus, we congregate clouds with gaps <20 s, reducing the cloud population to 29, with 12 of them lasting longer than 30 s.

### 3.2. Computing the $w_b$

We select "cloud-base" DL pixels through two steps. First, to exclude the decoupled cloud elements and elevated cloud sides, pixels with cloud bases higher than lifting condensation level (LCL) by 30% are removed. Second, for the remaining coupled clouds, we select pixels within three gates below the cloud base (~100 m) and cloudy pixels above the cloud base. These pixels are defined as "cloud-base" pixels. Because of the strong signal attenuation, the DL only penetrates <100 m into the clouds. Therefore, the cloudy pixels are mostly concentrated near several tens of meters above the cloud base. Figure \$2 shows a comparison of

ZHENG ET AL. 4 of 10



the vertical velocity probability density function (PDF) between the two sub-groups of "cloud-base" pixels. Their PDF distributions are overall similar, suggesting that it is tenable to combine them as "cloud-base" pixels.

To compute the ensemble-mean  $w_b$ , we average the selected vertical velocities in two ways. The first is to simply average the vertical velocities above a threshold:  $\overline{w} = \sum N_i w_i / \sum N_i$ , in which the  $N_i$  represents the frequency of occurrence of positive vertical velocity  $w_i$  that is greater than a critical value ( $w_{crit}$ ). This is the common way for cloud-base mass fluxes study. The second way of averaging is weighted by volume:  $\overline{w}^{\text{vol}} = \sum N_i w_i^2 / \sum N_i w_i$ . The volume-averaged updraft speed has been considered as more relevant to the understanding of aerosol cloud-mediated effects because it gives more weight to the larger vertical velocities that generate clouds with greater volume (Rosenfeld et al., 2014, 2016; Zheng et al., 2015).

#### 3.3. Other Quantities

Ideally, the TKE $_{\rm ML}$  should be computed as  $0.5 \left(u'^2 + v'^2 + w'^2\right)$  averaged below the cloud base. However, the DL can only measure the vertical component,  $0.5w'^2$ , denoted as TKE $_{\rm ML}^{\rm w}$ . In this study, we use the TKE $_{\rm ML}^{\rm w}$  to approximate the TKE $_{\rm ML}$ , motivated by the fact that TKE $_{\rm ML}^{\rm w}$  dominates the TKE $_{\rm ML}$  in typical convective boundary layers (Stull, 2012). The potential contributions from horizontal components of TKE $_{\rm ML}$  will be taken into account in our analyses in Section 3.

We used the surface temperature and moisture measured from the ARM Surface Meteorology Systems to compute the LCL using the exact analytical formula of Romps (2017). As described in the example case, we used the threshold of DL reflectivity to identify single cumuli. To compute the chord length of individual cumuli, we used the DL product of horizontal wind speed near cloud-base, which is derived from a velocity azimuth display algorithm (Teschke & Lehmann, 2017). The multiplication of cloud-base horizontal wind speed and individual cloud duration yields the cloud chord length.

#### 3.4. Case Selection

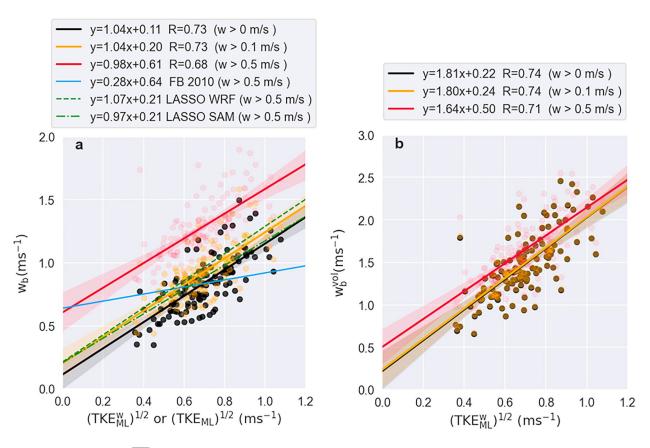
A total of 128 ShCu days were selected between 2011 and 2014. The selection criterion is in principle similar to previous studies (Lareau et al., 2018; Zhang & Klein, 2013), which involves both objective and subjective criteria. The objective criteria include three steps: (1) the cloud-base height (defined as the mean of the lowest quartile within the 2-h period) has to be within 30% of LCL to ensure coupling, (2) the KAZR reflectivity cannot exceed 0 dBZ between the surface and cloud base to ensure no considerable precipitation, and (3) the cloud duration cannot exceed 30 min to exclude stratiform clouds. Besides, we examine imageries from KAZR and thirteenth Geostationary Operational Environmental Satellite to ensure ShCu-like characteristics. This is the best we can do since a completely objective method for selecting ShCu remains missing, although the emerging new technique of machine learning is promising to address this issue in the near future (Rasp et al., 2019).

Based on these criteria, we obtain 32 ShCu days per year, similar to the 28 ShCu days per year in Zhang and Klein (2013) and Lareau et al. (2018), suggesting that there is no marked sampling difference between this study and previous ones. Figure S3 shows the statistics of these selected ShCu ensembles. On average, each ensemble is composed of  $\sim$ 20 individual ShCu, with half lasting longer than 30 s. The majority of the ensembles have the maximum cloud chord length shorter than 5 km, consistent with prior knowledge.

# 4. Results

Figure 3 shows the scatter plots of  $\overline{w_b}$  (a) and  $\overline{w_b^{yol}}$  (b) versus  $(TKE_M^w)^{1/2}$  for different  $w_{crit}$ . Overall, the  $(TKE_M^w)^{1/2}$  is a good predictor of cloud-base updrafts, explaining ~50% of their variances. Note that the degree of scattering is still noticeable, but given the instrument error of the DL (~0.1 m/s) and potential sampling errors due to the assumption of stationarity, such degrees of correlation are good enough for demonstrating the physical validness. To our knowledge, this is the first observational evidence supporting the ability of the sub-cloud turbulence to dictate cloud-base updrafts that was only found in high-resolution models (Fletcher & Bretherton, 2010; Grant & Brown, 1999; van Stratum et al., 2014). Such good correla-

ZHENG ET AL. 5 of 10



**Figure 3.** Scatter plots of  $\overline{w_b}$  (a) and  $\overline{w_b^{vol}}$  (b) versus  $(TKE_{M}^{W})^{1/2}$  for  $w_{cri} = 0$ , 0.1, and 0.5 m/s. Each point represents a ShCu ensemble mean. The blue solid line marks Equation 1, the empirical formula developed in Fletcher and Bretherton (2010).

tions suggest a continuity of vertical momentum between the sub-cloud layer and cloud base, despite the in-between weakly stable layer (i.e., cloud-base transition layer) (Neggers et al., 2007; Stevens, 2007). Indeed, the stability of the transition layer interacts with the convective circulation, a manifestation of the dynamical coupling between the sub-cloud and cloud layers, to reach an equilibrium that maintains the mass conservation (Fletcher & Bretherton, 2010; Neggers et al., 2006). In this regard, the transition layer property should not be considered an external forcing that alters the coupling between the sub-cloud and cloud-base dynamics, but an internal parameter that responds to the circulation.

Both  $\overline{w_b}$  and  $\overline{w_b^{vol}}$  increase with the  $w_{crit}$ , but the  $\overline{w_b^{vol}}$  shows much weaker sensitivity primarily because the  $\overline{w_b^{vol}}$  gives more weight to the larger vertical velocities. The intercepts also increase with  $w_{crit}$ , which is an artificial consequence of using non-zero  $w_{crit}$ . Physically speaking, a zero TKE $^{\rm w}_{\rm M}$  should lead to zero cloudbase updraft speed. Therefore, we will focus our subsequent discussions on the slopes that bear more physical meaning than intercepts.

To compare our results with that from FB10, we visualize Equation 1 in Figure 3a (light blue curve). FB10 uses the  $w_{crit}$  of 0.5 m/s. Our empirical estimate (the red line) shows a stronger sensitivity of  $\overline{w_b}$  to the subcloud turbulence than FB10 by more than a factor of 3. What causes the difference? One possible reason is that we used the TKE $_{\rm M}^{\rm w}$  that does not include the horizontal components of the TKE, leading to smaller values of TKE and, thus, a steeper slope. Another more likely reason is that the horizontal grid spacing of the model used by FB10 are too coarse (1 km) to accurately simulate the vertical velocities. For instance, modeled vertical velocities decrease with the model grid spacing by a power law of -2/3 (Donner et al., 2016; Rauscher et al., 2016). The underestimated  $\overline{w_b}$  due to coarse grid spacing may flatten the slope of  $\overline{w_b}$  versus (TKE $_{\rm ML}$ )<sup>1/2</sup> in FB10.

ZHENG ET AL. 6 of 10



To understand which factor is responsible, we use the LES data of 18 ShCu days from the LASSO project (Text S1). The LASSO horizontal grid spacing is 100 m, 10 times finer than that used in FB10. With the model output of three-dimensional winds, we are able to diagnose the full components of  $TKE_{ML}$  so that we can conduct an "apple-to-apple" comparison between the LASSO and FB10. As shown by the green lines in Figure 3a, LASSO models (WRF and System for Atmospheric Modeling, SAM) show slopes steeper than the FB10 by more than a factor of 3 (see Figure S4 for their scatter plots with statistical details). This confirms that the flatter slope of FB10 is likely caused by the coarse model grid spacing. The comparison between the LASSO and DL, which is not the focus of this study, is discussed in the supplementary material (Text S2). Its key message is that the cloud-base vertical velocities simulated by the LASSO models are biased toward updrafts due to misrepresented model physics such as lateral mixing (Endo et al., 2019), leading to a steeper slope than the DL.

We have tabulated the empirical formulas for  $\overline{w_b}$  and  $\overline{w_b^{vol}}$  for different  $w_{crit}$  (Table S1) so that readers can use what suits their research interests.

#### 5. Discussions

#### 5.1. Cloud Center Versus Edge

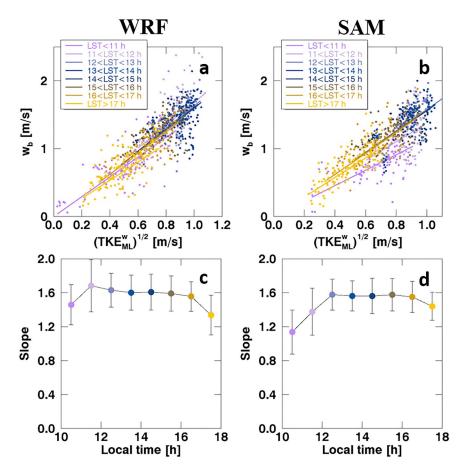
For any vertically pointed instruments, the sampling is off the cloud center, leading to a bias toward edges of clouds (e.g., Romps & Vogelmann, 2017). How does the off-center sampling influence the results? To answer it, we divide the sampled cloud-base DL pixels into two categories: those closer to the center of individual cloud chords than the edges are categorized as "center" pixels whereas others are "edge" pixels. Comparing the results from these two groups (Figure S5) shows that sampling the "center" pixels yields a relationship with a higher R, a steeper slope, and an intercept closer to the origin than that sampling the "edge" pixels. This makes physical sense because cloud edges are more influenced by the subsiding shells and lateral mixing (e.g., Heus & Jonker, 2008), both deteriorating the relationship. Despite the difference, the sensitivity of the result to this potential bias is not significant (even the relationship for the "edge" pixels has an R of 0.65). This suggests that our ensemble-based sampling methodology allows for a statistically robust characterization of the ensemble-mean cloud-base updraft speed.

#### 5.2. Diurnal Dependence

Given that all cases are in the early afternoon, one may ask how the observed relationship is representative of the other times of a diurnal cycle. To address this question, we use the LASSO data to examine its diurnal dependence. We chose the  $w_{crit} = 0$  m/s for determining the  $\overline{w_h}$  because, as noted above, using an ad-hoc  $w_{crit}$ , say 0.5 m/s, leads to a markedly positive  $\overline{w_b}$  for zero (TKE<sup>w</sup><sub>M</sub>)<sup>1/2</sup>. By using  $w_{cri} = 0$  m/s, we can force the best-fit line through the origin through the least-square algorithm, freeing us from the unphysical meaning of positive intercepts. Figures 4a and 4b show the scatter plots of the  $\overline{w_b}$  versus  $(TKE_M^w)^{1/2}$  in different local times simulated by WRF and SAM, respectively. Both models show notably significant correlations between the two quantities in different phases of a diurnal cycle, confirming the ability of (TKE M) 1/2 to explain the variability of  $\overline{w_b}$ . More importantly, the slope of the relationship varies little with local time, except in the early morning and late afternoon (Figures 4c and 4d). In the early morning, the stronger capping inversion weakens the speeds of rising thermals when they penetrating into the inversion, leading to smaller  $\overline{w_b}$  for given sub-cloud turbulence (Figure S1c). Such a stabilization effect becomes less influential as the convection kicks up, which lessens the inversion strength. In the late afternoon, as the solar insolation weakens, the surface fluxes decrease considerably whereas the boundary layer remains deep (Figure S1d). This leads to a decoupling between the ShCu and the surface (Stull, 2012), which may explain the flatter slope between  $\overline{w_h}$  and  $(TKE_M^w)^{1/2}$  in the late afternoon.

In summary, the diurnal dependence of the coupling between the  $w_b$  and sub-cloud turbulence is small, except in the early morning and late afternoon when the strong capping inversion and cloud-surface decoupling may lead to flatter slopes, respectively.

ZHENG ET AL. 7 of 10



**Figure 4.** Scatter plots of  $\overline{w_b}$  ( $w_{crit} = 0 \text{ m/s}$ ) versus the  $(TKE_M^w)^{1/2}$  grouped by the local standard time, simulated by WRF (a) and SAM (b). Each group of points corresponds to a best-fit linear regression line forced through zero. The slopes of the best-fit lines are plotted in (c) and (d) for WRF and SAM, respectively.

#### 6. Conclusion

This study examines the relationship between the sub-cloud turbulence and cloud base updrafts using Doppler lidar (DL) observations of 128 shallow cumulus (ShCu) ensembles over the Southern Great Plains. We proposed a new DL sampling method that allows measuring the cloud-base updrafts for an ensemble, instead of individual, ShCu. Specifically, we take advantage of the stationarity and ergodicity of ShCu-topped boundary layers in the early afternoon when the temporal change in the surface forcing is minimum. For each ShCu case, we selected a 2-h window of DL that includes an average amount of  $\sim$ 20 individual cumuli with varying sizes, constituting an ensemble. This allows us to compute the ensemble-averaged quantities from DL measurements made at a fixed point. By analyzing the 128 ShCu ensembles, we found that the vertical velocity variance explains  $\sim$ 50% variability of ensemble-mean cloud-base updrafts, thus supporting the widely held hypothesis and practice of using the sub-cloud turbulent kinetic energy to parameterize the cloud-base updrafts in some state-of-the-art mass flux closure schemes of convection parameterization (Bretherton et al., 2004; Fletcher & Bretherton, 2010; Neggers et al., 2009). To our knowledge, this is the first observational evidence that demonstrates the ability of sub-cloud turbulence intensity to dictate the cloud-base updrafts.

With the observational data, we derived empirical relationships between the square-root of sub-cloud turbulent kinetic energy and ensemble-mean cloud-base updraft speeds that are computed for different thresholds of vertical velocity and by different averaging schemes. Although all the 128 cases were sampled in the early afternoon, the diurnal variation of the relationship is weak (except in the early morning and late afternoon), as shown by the LES simulations of 18 ShCu cases over the SGP. These empirical formulas are

ZHENG ET AL. 8 of 10



useful for the developments of cumulus parameterizations, theoretical studies of ShCu dynamics, and satellite-based inference of cloud-base updrafts.

# **Data Availability Statement**

The ground-based data in this study are available from the website of ARM Climate Research Facility (www. archive.arm.gov/data). The LASSO data are available from https://adc.arm.gov/lassobrowser. We thank the LASSO staff for maintaining the data in a user-friendly way. We thank two anonymous reviewers whose comments improved the manuscript.

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ZHENG ET AL. 10 of 10